THE EMBRACE COLLECTIVE



Imagine a world where people are **celebrated for their contribution**, rather than their appearance. Where we see honesty and integrity in other humans, instead of size or shape. Where **inclusivity rules and kindness prevails**. And young people can reach their full potential - free from body shame and body image distress. You can contribute to building this world by supporting The Embrace Collective's programs.



Your \$20 donation provides a sporting club, dance studio, or family with practical, easy-to-use tools and support to boost body image in young people. By integrating consistent messages of body appreciation into the places where children live and play, you'll help them stay active and confident for years to come.



Your \$50 donation supports our youngest children's body image through the provision of our **Body Blocks program** to an early learning centre. You will empower our early childhood educators to help young people build positive relationships with food, movement, and their bodies.



Your \$100 donation supports The Embrace Collective's **advocacy campaigns**, bolstering our efforts to instigate top-down change. By backing these initiatives, you're helping to create lasting, positive cultural change, ensuring that future generations grow up in a more inclusive world.



Your \$150 donation supports an entire school to implement the Embrace Kids Classroom Program (for students in years 5 - 8), providing teachers and young people with the tools they need to build better body image, setting them up for a lifetime free from appearance-related shame.



Your \$250 donation supports an entire community by impacting the places where children live, learn and play. Your contribution helps provide wraparound support and educational programs for sporting clubs, dance studios, families, schools and early learning centres to ensure messaging around bodies, food and movement is positive, inclusive and consistent across all of their environments.



Any dollar amount will help boost the work of The Embrace Collective - we're so grateful for your support.